

ESTABLISHED PATIENT COMPLAINT REGION/S

Date _____ Patient Name: _____ Date of Birth: _____
 Mailing Address: _____
 Home Phone #: _____ Cell Phone #: _____ Work Phone #: _____
 Insurance Name: _____ Is Your Insurance an HMO-Type? ___ Yes ___ NO
 Name of Primary Health Care Provider _____ Occupation: _____

PLEASE COMPLETELY FILL IN THE INFORMATION ABOVE

Please list in the box below all your areas of complaints, **rating your "pain" on a scale or range of 0 to 10** with "0" meaning **no pain** and "10" the **worst pain**. To indicate what side of the body mark, "R" for right side, "L" for left side, "C" for center and "B" for both sides. (See Sample Sheet Attached)

Area/s of Pain or Discomfort/ as per patient	Rate Your Level of Pain Here	NUMBNESS	TINGLING	STIFFNESS	SORENESS	WEAKNESS	MILD	MODERATE	SEVERE	BURNING	DULL	Sharp-Shooting	ACHING	THROBBING	OCCASIONAL	INTERMITTENT	FREQUENT	CONSTANT	IMPROVING	WORSENING	UNCHANGED	RESOLVED	FOR OFFICE USE ONLY PATIENT INFORMATION RELATED TO HISTORY OF COMPLAINT REGIONS:			
Sample: NECK	3-8			C	C		C			C		R	C						C		C					
Headache																										
Jaw/TMJ																										
Neck																										
Shoulder																										
Entire Arm																										
Forearm																										
Wrist/Hand																										
Upper Back																										
Mid Back																										
Lower Back																										
Buttock																										
Groin																										
Hip																										
Entire Leg																										
Thigh																										
Knee																										
Calf																										
Ankle/Foot																										
Front Ribs																										
Other																										

List DATE your symptoms Began or Returned again? _____ What caused your condition? _____

Please list any other illnesses, new diseases or injuries since last visit to this office: diseases: _____

List all treatments you have received for your complaints: _____

Has your complaint come on (Circle): Suddenly Gradually Comes & Goes
 Is your complaint/s caused from: Auto Accident (Y) (N) – Job Injury (Y) (N)?
 Has it created any change in bladder, bowel or sexual function? () Yes () No

~Currently your symptoms are aggravated by (Please Circle):
 Coughing Sneezing Straining at Stool Head feels heavy
 Bending Reaching Neck movement Lying down on your side
 Sitting/Arising Walking Standing Lying down on your back
 Lifting Reclining Turning over in bed Other/s _____

~Currently your symptoms are relieved by(Please Circle):
 Nothing Walking Stretching Lying down
 Sitting Standing Rest Over the counter pain meds
 Heat Exercise Reclining Prescription medication
 Massage Ice Other/s _____

Patient: Please circle the areas causing you discomfort or pain on the drawing below.

Patient Signature _____ **Date** _____